

## **CHIMES – Corscombe – January 2018**

Editor: Chris Chapman  
Address: 5 Pine Close, Corscombe, DT2 0PF  
Email: [chris@passedit.com](mailto:chris@passedit.com)  
Telephone: 01935 891015

### **Home Communion.**

Do you find it difficult to get out? Would you like to have communion at home?  
Please contact Paul Rendell (telephone numbers at front of Chimes) who would be glad to visit.

### **Church Flower & Cleaning Rota - January 2018**

6 <sup>th</sup>	Heather	Val	Christine
13 <sup>th</sup>	Venetia	Glynis	Barbara
20 <sup>th</sup>	Debbie	Rosemary	Sallie
27 <sup>th</sup>	Elsbeth	Beryl	Sue

Happy New Year to everyone on the rota and thank you for all your help.

*Sallie. 891425*



**We're so pleased that more and more people are trying Breakfast Church and discovering a relaxed social gathering as well as the chance to find out what the Bible has to say about our lives today.**

**We next meet on Sunday 28<sup>th</sup> January, so come and share croissants, bacon rolls and good coffee. and explore the Christian faith in an easy, relaxed style of worship.**

## **Breakfast Church**



**Part of Melbury Team Ministry  
Every fourth Sunday at 9.30am  
in Halstock Village Hall**

***Church – but not as we know it!***

## **Big Breakfast**

Thank you to all the lovely people who come along to the Big Breakfast. We really enjoy running it and meeting you, and we hope you enjoy the breakfast and the opportunity to meet and socialise with fellow supporters.

The Big Breakfast is now run by the Village Hall Committee, and profits are used for upkeep of the hall.

The cost of the food has gone up, but the price of the breakfast has been held at £5 for some considerable time. With your support, we are increasing the price to £6 per breakfast. We will continue to offer extra toast

and coffee / tea on demand, and do our best to make it a fun experience for you.

## **Big Breakfast**

Back for the autumn / winter season  
Corscombe Village Hall  
In support of Village Hall Upkeep  
Great food and a chance to meet up with friends & family  
9am to 11am  
**Saturday mornings on  
6 January / 3 February / 3 March**

## **Corscombe Coffee Morning**

The next coffee morning is Wednesday 10<sup>th</sup> January, 10.30am to 12 noon. It will be hosted by Lesley and Chris Chapman at their home; Highridge House, 5 Pine Close. Please bring a raffle prize (worth around £1) and £1 to attend. Funds are used to support the running of the village hall

*Lesley Chapman*

## **Corscombe Village Hall 300 Plus Club**

The club is an excellent fundraiser for the village hall, and now has 321 numbers entered each month and disburses £700 in prizes each year, including a £100 prize in December.

We would be very happy to receive applications for more numbers, increasing the prize fund proportionally. If you are interested in joining the Club, or increasing your holding at £5 per number per year, please contact Henry on 01935 891415 or Email [henrylovegrove@btinternet.com](mailto:henrylovegrove@btinternet.com).

*Henry Lovegrove*

## **Corscombe Tuesday Club**

...is a friendly get-together once a month with visiting speakers and trips to local places of interest, for residents and past residents of Corscombe and surrounding villages. **All Welcome.**

### **PROGRAMME FOR 2018**

- |                   |   |
|-------------------|---|
| <b>January 9</b>  | <b>AGM and Speaker: Local poets and war experiences</b> |
| <b>February 6</b> | <b>Speaker: Dorset and Somerset Air Ambulance</b>       |
| <b>March 6</b>    | <b>Speaker: Love your garden with Neil Lovesey</b>      |

<b>April 19</b>	<b>Visit: S Perrott Steel Band. Come and have a go!! -4pm to 5pm</b>
<b>May 1</b>	<b>Speaker: Accessing the Countryside</b>
<b>June 5</b>	<b>Speaker: The Jurassic Coast with Tony Burgess</b>
<b>July 3</b>	<b>Visit: A Walk around Sherborne with Cindy Chant - 2.15pm</b>
<b>August 7</b>	<b>Cream Teas in Corscombe</b>
<b>September 4</b>	<b>Visit: Boat Trip on the Exe on the Topsham to Turf Ferry. Lunch at the Turf Lock Inn (optional)</b>
<b>October 2</b>	<b>Visit: Deer Park Action (It's rutting time!!)</b>
<b>November 6</b>	<b>Skittles Night at the Fleet Club, Beaminster</b>
<b>December 11</b>	<b>Christmas Lunch (venue tba)</b>

Venue: Corscombe Village Hall for Speakers  
Time: 2.15 for 2.30  
Membership fee: £10 per annum  
Charge on the day: £1 for members. £2 for non-members, which includes tea or coffee, biscuits and a raffle ticket  
Cost of Visits: will vary but all are reasonable Lifts can be arranged for anyone needing transport

For more information please contact Chris on 07788 563857

*Chris Watson*

First Aid Top of the month:

## Diabetic Emergency

Diabetes is a lifelong medical condition where the body cannot produce enough insulin. Insulin is a chemical made by the pancreas (a gland behind the stomach), which regulates the blood sugar (glucose) level in the body.

Normally our bodies automatically keep the right blood sugar levels, but for someone with diabetes their body can't. Instead, they have to control the blood sugar level themselves by monitoring what they eat, and taking insulin injections or pills.

There are two types of diabetes: Type 1, or insulin-dependent diabetes, and Type 2, also known as non-insulin-dependent diabetes.

Sometimes people who have diabetes may have a diabetic emergency, where their blood sugar becomes either too high or too low. Both conditions are potentially serious and may need treatment in hospital.

## Hyperglycaemia

Too little insulin can cause high blood sugar (hyperglycaemia).

If it's not treated and gets worse, the person can gradually become unresponsive (going into a diabetic coma). So it's important to get them to see a doctor in case they need emergency treatment.

## Hypoglycaemia

Too much insulin can cause low blood sugar or hypoglycaemia (hypo).

This often happens when someone with diabetes misses a meal or does too much exercise. It can also happen after someone has had an epileptic seizure or has been binge drinking.

If someone knows they are diabetic, they may recognise the start of a hypo attack, but without help they may quickly become weak and unresponsive.

## What to look for - Diabetic emergency

If you think someone is having a diabetic emergency, you need to check against the symptoms listed below to decide if their blood sugar is too high or too low.

## High blood sugar (hyperglycaemia)

- Warm, dry skin
- Rapid pulse and breathing
- Fruity sweet breath
- Really thirsty
- Drowsiness, leading to unresponsiveness if not treated

## Low blood sugar (hypoglycaemia)

- Weakness, faintness or hunger
- Confusion and irrational behaviour
- Sweating with cold, clammy skin
- Rapid pulse
- Trembling
- Deteriorating level of response
- Medical warning bracelet or necklace and glucose gel or sweets
- Medication such as an insulin pen or tablets and a glucose testing kit

## What you need to do – for high blood sugar (hyperglycaemia)

Call 999 or 112 straight away for medical help and say that you suspect hyperglycaemia.

While you wait for help to arrive, keep checking their breathing, pulse and level of response.

If they lose responsiveness at any point, open their airway, check their breathing and prepare to treat someone who's become unresponsive. The ambulance

service will stay on the telephone and tell you what to do.

### **What you need to do – for low blood sugar (hypoglycaemia)**

Help them sit down. If they have their own glucose gel, encourage them to take it. If not, the patient should take something sugary like fruit juice, a fizzy drink, three teaspoons of sugar, or sugary sweets. Do not give a diet drink as this does not contain any sugar.

If they improve quickly, give them more sugary food or drink and let them rest. If they have their glucose testing kit with them, help them use it to check their glucose level.

Stay with them until they feel completely better.

If they do not improve quickly, call 999 or 112 for medical help.

While waiting, keep checking their responsiveness, breathing and pulse.

### **What you need to do – if you're unsure whether their blood sugar is high or low**

If you're not sure whether someone has high or low blood sugar, encourage them to eat or drink something sugary anyway, as this will quickly relieve low blood sugar and is unlikely to do harm in cases of high blood sugar

If they don't improve quickly, call 999 or 112 for medical help.

If they lose responsiveness at any point, open their airway, check their breathing and prepare to treat someone who's become unresponsive. Remember that the ambulance service will support you and advise you over the telephone.

More next time to explain what to do if the patient is unresponsive

*Information courtesy of Saint Johns Ambulance*

Call Dick Thorne on 01935 891847 or Chris Chapman on 01935 891015 for an informal chat without obligation.

*Responders*

## **Halstock Village Cinema**

### **Announcing our brand new spring season!**

Make sure the dates below are in your new diary, and join us for the best in up-to-the-minutes releases, on the big screen in Halstock Village Hall.

#### **Sat 20<sup>th</sup> January**

#### **MY COUSIN RACHEL (12)**

Rachel Weisz and Sam Claflin star in Daphne Du Maurier's

enigmatic story of intrigue and seduction.

#### **Sat 17<sup>th</sup> February**

#### **GOODBYE CHRISTOPHE ROBIN (PG)**

Suffering stress after his WW1 experiences, A.A. Milne moves his family to the country, where he spins fanciful yarns about his son's toy animals.

#### **Sat 3<sup>rd</sup> March**

#### **DUNKIRK (12A)**

The heroic story of 'Operation Dynamo', seen through the eyes of a soldier, RAF fighter pilots and a civilian boat owner. Mark Rylance and Kenneth Branagh star.

#### **ALL PROCEEDS TO THE ROYAL BRITISH LEGION**

#### **Sat 17<sup>th</sup> March**

#### **VICTORIA AND ABDUL (PG)**

The true story of the unlikely and devoted alliance which the queen's household tried to destroy. With Judi Dench and Ali Fazal heading a cast of star names.

#### **Sat 21<sup>st</sup> April**

#### **THE MOUNTAIN BETWEEN US (12A)**

Stranded on a mountain after an air crash, two strangers must work together to cross hundreds of miles of wilderness. Kate Winslet and Idris Elba on top form.

Join your friends at 7pm for 7.30 each month at

#### **HALSTOCK VILLAGE CINEMA**

Tickets £6 each from Halstock Shop or on the door

## **Birthdays**

Wishing the following a very happy birthday:

**Brinsley Coleberd** who will be 18 on the 5 January

**Henry Stanley** who will be 6 on the 7 January

**Isaak Harrington** who will be 14 on the 25 January

**Rowan Harrington** who will be 12 on the 26 January

If you would like a birthday announced, please contact Chris Chapman (891015). It is nice to see your child's name in print!

**nder service - we really do need your help if w e are to continue providing our vital first respo**

We really do need more good citizens of Corscombe and Halstock to join us. If you are aged under 70 and willing to give just a few hours support a week, it would help us immensely.

All that is needed is a willingness to get involved. We are a strong team of 8 volunteers, trained and fully supported by the ambulance service.

Four of the team are approaching 70, and so are likely to retire from the team. The 4 remaining members can continue, but will cover just a few days each week. More volunteers are therefore needed.

**WHY NOT FIND OUT MORE!**

## Village Hall Pop-Up Restaurant

What a great pre Christmas treat we all had on Saturday evening, 9<sup>th</sup> December. The food was wonderful and such a great atmosphere. We were particularly pleased that some of the older residents, such as dear Tony Frost and Joan Fender were able to come along.

Many thanks to all the people who must have worked so hard to make the hall look so festive, shift lots of furniture, organise all the food and drink, not to mention all the resulting clearing up. A great team effort. Many thanks to you all.

*Jerry Davis*

## Weekly Minibus - Travel and meet friends

**Our Nordcat bus to Yeovil on a Friday and to Dorchester on a Wednesday.** Telephone [01258 473154](tel:01258473154) to book a place on the bus between 9am and 4pm the day before you travel. Friday is a market day in Yeovil and Dorchester has an even bigger market on a Wednesday.

## Corscombe and Halstock Website -

[www.corscombe.org](http://www.corscombe.org) / [www.Halstock.org](http://www.Halstock.org)  
Keep up to date with what is happening and what is planned – all from the first page!

## Thank you Charles Gaskell

Charles has quietly tended the small triangle of grass by the salt bin - at the Fudge Hill / Court Lane T-junction, which has made a tremendous improvement to the first impression as you come to the junction. Typical Charles - no fuss, just quietly making a positive contribution

### Artsreach presents

#### **Anonymous is a woman with "Think of England"**

**Sunday 28th January Matinee at 4.00pm**

Tickets available from Deb Childs Tel: 01935 891744 and the Community shop

Suitable for 12 +

Adults £9.00, U18 £6.00, Family £25.

Cream Teas and Bar available

"Think of England". The war office has employed Bette and Vera to travel the country hosting tea dances to boost morale in rural communities and RAF personnel. But how will the locals react when they discover the women's real purpose: to send the young men off to fight having experienced all of life's pleasures? Join the ladies at your local hall for an unforgettable dance, a rousing song and real-life, wartime scandal that threatens to destroy the women's lives, shame your community and tear apart

one already splintered RAF crew. Can you save the night?

The show was commissioned by Live and Local Touring in the midlands, and developed specifically for rural village halls. Suitable 12+ with adults, sexual references and mild swearing.

## Rubbish!

All the information about how to, and where to, get rid of objects not collected by the local bin men is to be found on the following website:

<https://www.recyclenow.com/local-recycling>

Nearest disposal centres, types of materials etc. Useful and up to date. In case you didn't know!

Note: good, practical clothing and shoes can be dropped off at Halstock shop for sending to refugees.

*Freda Hennessy*

## Editor's note:

What goes in each bin? Go to the following web page to find out:

<https://www.dorsetforyou.gov.uk/which-bin>

## Artsreach presents

Townsend Productions "**We are the Lions Mr Manager**"

**Friday 23rd February 7.30pm**

Tickets available from Deb Childs Tel: 01935 891744 and Halstock Community shop

Suitable for all ages.

Adults £9.00, U18 £6.00, Family £25.

Light Refreshments, Tea/Coffee and Bar available

### Description

Jayaben Desai, the inspirational leader of the 1976-78 Grunwick Film Processing Factory Strike, was recently named amongst the women as having the biggest impact on women's lives over the past 70 years as part of the Radio 4 Women's Hour Power List. Desai brought the issue of workplace exploitation and racism to the fore, challenged the perception of Asian women being inherently passive and docile, whilst having the measure of the most brutish and charmless of her managers, telling them:

***"What you are running here is not a factory, it is a zoo. But in a zoo there are many types of animals. Some are monkeys who dance on your fingertips, others are lions who can bite your head off. We are the lions, Mr. Manager!"***

She not only stood up for workers' rights and against oppression with selfless dedication, but with her steadfast resolve, she turned the dispute into a national movement for human rights and dignity inspiring future generations.

Townsend Productions return with an entertaining, engaging portrayal of social history, delivering a serious message in an energetic and comedic manner with songs and music of the 1970 's.

"A powerful story, powerfully told." The Observer

*Debbie Childs*

## **Refuse Collection**

Tuesday 2 January	Recycling and Food Waste
Monday 8 January	Rubbish and Food Waste
Tuesday 9 January	Garden Waste
Saturday 13 January	Recycling and Food Waste
Friday 19 January	Rubbish and Food Waste
Tuesday 23 January	Garden Waste
Friday 26 January	Recycling and Food Waste
Friday 2 February	Rubbish and Food Waste
Tuesday 6 February	Garden Waste

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**For diary - Future Dates - at back of Chimes:**

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**What's On in our area section:**

**Big Breakfast**

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**For Halstock Section**

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**Please see the Corscombe section for information about First Responders**

Responders

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**For Community News Section**